Coverage Period: 04/01/2014 - 3/31/2015

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual / Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document by calling 1-212-869-5994.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$300	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	No.	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	This plan has no out-of-pocket limit.	Not applicable because there's no <u>out-of-pocket limit</u> on your expenses.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of <u>in-network</u> <u>providers</u> , see www.medicare.gov/find-a-doctor/provider-search.aspx or call 1-212-869-5994	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

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- Copayments are fixed dollar amounts (for example, \$25) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you visit a health	Specialist visit	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
care <u>provider's</u> office or clinic	Other practitioner office visit	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Preventive care/screening/immunization	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you have a test	Diagnostic test (x-ray, blood work)	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Imaging (CT/PET scans, MRIs)	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.

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If you need drugs to	Generic drugs	Not Covered	Not Covered	none
treat your illness or condition	Preferred brand drugs	Not Covered	Not Covered	none
More information	Non-preferred brand drugs	Not Covered	Not Covered	none
about <u>prescription</u> <u>drug coverage</u> is available at www.Medicare.gov.	about <u>prescription</u> drug coverage is available at Specialty drugs		Not Covered	none
If you have	Facility fee (e.g., ambulatory surgery center)	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
outpatient surgery	Physician/surgeon fees	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Emergency room services		Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you need immediate medical attention	Emergency medical transportation	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Urgent care	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you have a	Facility fee (e.g., hospital room)	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
hospital stay	Physician/surgeon fee	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.

Questions: Call 1-212-869-5994

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-553-9603 to request a copy.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
health, or substance abuse needs	Substance use disorder outpatient services	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Substance use disorder inpatient services	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you are pregnant	Prenatal and postnatal care	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you are pregnant	Delivery and all inpatient services	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.

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	Home health care	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Rehabilitation services	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If you need help recovering or have	Habilitation services	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
other special health needs	Skilled nursing care	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Durable medical equipment	4% coinsurance	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
	Hospice service	No charge	Not Covered	You must sign up for Medicare Parts A&B. Plan pays secondary to Medicare on approved claims only.
If your shild needs	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
delitar or eye care	Dental check-up	Not Covered	Not Covered	none

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Chiropractic care

• Infertility treatment

 Most coverage provided outside the United States. See www.Medicare.gov

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-212-869-5994. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Publishers' – Pressmen's Welfare Fund, 1501 Broadway, Suite 1724, New York, NY 10036 at (212) 869-5994. You can also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact: Community Service Society of New York, Community Health Advocates, 105 East 22nd Street, 8th floor, New York, NY 10010 at (888) 614-5400 or http://www.communityhealthadvocates.org/

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan <u>does not provide</u>** minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does not meet the minimum value standard for the benefits it provides.

 To see exam	ples o	f how this	plan mi	ght cover costs	for a sam	ple medical situation,	see the next page.	
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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$6,970
- Patient pays \$570

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$ 900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Patient pays:		
Deductibles	\$300	
Copays	\$0	
Coinsurance	\$100	
Limits or exclusions	\$170	
Total	\$570	

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,080
- Patient pays \$3,320

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$300
Copays	\$0
Coinsurance	\$90
Limits or exclusions	\$2,930
Total	\$3,320

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.